



GOVERNOR'S ADVISORY COUNCIL ON AGING

SOCIAL, HEALTH & ALZHEIMER'S COMMITTEE MEETING MINUTES February 7, 2008

Council Members, Liaisons & Committee Participants Present

Doyle Meredith (Chairperson), Lynn Adler, Kati Bates, Bill Engler, George Evanoff, Joyce Finkelstein, Paul Herrmann, Bernadine Hoffman, Sharon McKinley, Bernadette Polley, Linda Anderson, Karla Averill, David Besst, Chad Corbett, Valerie Fifield, Paulette Fraenkel, Donna Heppermann, Barbara Hill, Marc Katz, Archie Mariano, Sharyle Price, Kathy Rood, Pam Stevenson, Eric Thomas, Diana Toussaint, Joan Zecherle

Council Staff Present

Melanie Starns, Cathy De Lisa, Shawn Trobia, Dan Plumhoff, Sylvia Chuka, Michelle Bouas

Guests Present

Kathi Lindstrom (ASU), Sherry Verges (Scottsdale Healthcare), Cindie Wolf (Casey)

Call to Order, Welcome, Introductions & Approval of Minutes

Committee Chair Doyle Meredith called the meeting to order at 2:32 p.m., and a welcome and introduction period followed. *Minutes from the January 10, 2007 meeting were reviewed and approved through a motion made by Bernadine Hoffman and seconded by Bernadette Polley. The motion passed unanimously.*

Action Items Follow Up

There were no action items from the January 10, 2008 Committee meeting.

Sub-Committee Reports & Group Discussion

Falls Prevention

Sub-Committee Co-Chair Diana Toussaint reported that the Falls Prevention Sub-Committee is working diligently to identify “myth buster” names for their conference tracks and pre-intensive sessions, and has confirmed all speakers. Additionally, Ms. Toussaint noted that the Virginia G. Piper Charitable Trust has been confirmed as a conference sponsor, and that the Foundation may be able to bring in an additional national speaker to the pre-conference intensive.

Informal Caregiving

Sub-Committee Co-Chair David Besst reported that the Informal Caregiving Sub-Committee is very excited about their conference track and the upcoming March 13, 2008 Caregiver Rally on the Capitol Lawn. Subsequently, Mr. Besst stated that the primary focus of the Sub-Committee breakout session following his report to the Committee would be the upcoming Caregiver Rally. Additionally, Mr. Besst noted that Ms. Sharyle Price is taking the lead on the Caregiver Rally,

and that Ms. Kathy Rood will be compiling all donated resources and items in order to assemble the “Caregiver Toolkit” bags to be distributed at the rally. Mr. Besst invited all Committee members to put forth any items for the Toolkit that would be appropriate, statewide in nature, and beneficial to the rally participants, and he informed the Committee that additional information regarding the rally could be found at www.azcaregiver.org. The four communities of caregivers to be represented at the rally include tribal caregivers, kinship caregivers, caregivers of persons experiencing disabilities and caregivers of older adults. A brief discussion ensued, and Committee Chair Doyle Meredith ensured that copies of the Sub-Committee’s corresponding Caregiver Rally handouts were passed to the Committee members. Copies of the Caregiver Rally Participation form and Caregiver Toolkit informational handout are available through the Council Office.

Committee Chair Doyle Meredith identified and welcomed Council Liaison Ms. Pam Stevenson of the Attorney General’s Office into the Falls Prevention Sub-Committee, and Ms. Sherri Verges of Scottsdale Healthcare into the Informal Caregiving Sub-Committee.

Meet in Sub-Committees

The Falls Prevention Sub-Committee and the Informal Caregiving Sub-Committee met in their individual groups for approximately 55 minutes.

Report Out & Vote on Motions from Sub-Committees

Falls Prevention

Sub-Committee Co-Chair Diana Toussaint reported that the Falls Prevention Sub-Committee has identified the key points for their conference speakers to present, and they have come up with suggested titles for their conference sessions based on a musical motif, to include:

- Plenary Session – “Falling Head over Heels” or “Catch a Falling Star”
- Breakout Sessions – “Let’s Get Physical”
- Home Assessment/Modifications – “Slip Sliding Away”
- Tai Chi Demonstration – “Catch a Falling Star” or other suggestion from the presenters
- Models in State – “Boot, Scoot, and Boogie”

Informal Caregiving

Sub-Committee Co-Chair David Besst reported that the Informal Caregiving Sub-Committee has identified and received a positive response back from Ms. Marian Lupu as a confirmed speaker for the Caregiver Rally on March 13, 2008, and the Sub-Committee is also in the process of speaking with Senator Leah Landrum Taylor as a potential Legislative speaker. Furthermore, Mr. Besst noted that he has identified two potential conference workshop sponsors, and that the work group should have more information on the plenary speaker soon. Mr. Besst also invited all members of the Falls Prevention Sub-Committee to attend the upcoming Caregiver Rally, and directed the larger Committee to the Caregiver website identified in the handout distributed during the “Sub-Committee Reports & Group Discussion” portion of the Committee agenda. *Additionally, notes from the Sub-Committee’s January 10 and January 25, 2008 meetings were reviewed and approved as follows:*

- *January 10, 2008 notes approved through a motion made by Sharyle Price and seconded by Jane Waggoner*
- *January 25, 2008 notes approved through a motion made by Sharyle Price and seconded by Archie Mariano*

All motions passed unanimously.

Other Updates, New Business, & Announcements

- Ms. Karla Averill announced that the AHCA 2008 Spring Leadership Conference will be held at the Prescott Conference Report on March 31 – April 2, 2008.
- Paulette Fraenkel announced that the Area Agency on Aging Region One, Inc. will be conducting Benefits Assistance Training with the next training class scheduled to begin on March 26, 2008.
- Ms. Kathy Rood announced that the Jewish Genetic Diseases Center of Greater Phoenix will be conducting a presentation entitled “It’s in the Genes! What you should know about Tay-Sachs and other Jewish Genetic Diseases” on Wednesday, February 20, 2008 at the Ina Levine Jewish Community Campus in Scottsdale, AZ.
- Ms. Sherry Verges announced that Scottsdale Healthcare is in the process of developing a program entitled “2 Fit 2 Fall,” aimed at establishing a community collaborative to target high emergency room zip codes, provide evidence based programs, coordinate data to measure results, and raise overall public awareness. Copies of Ms. Averill, Ms. Fraenkel, and Ms. Rood’s informational handouts are available through the Council Office.
- Council Director Melanie Starns, on behalf of the Governor and the Council, thanked the Committee members for their efforts, enthusiasm and commitment to giving their time to participate in the Committee’s endeavors.
- Committee Chair Doyle Meredith expressed his thanks to 2007 Committee Chair Bernadine Hoffman who worked diligently during her tenure as SHAC Chair to build the membership of the Council.

Action Items

There were no action items to report.

Adjournment

The meeting was adjourned by Committee Chair Doyle Meredith at 3:57 p.m.

Next Meeting:

The next Social, Health & Alzheimer’s Committee meeting will be March 6, 2008 at 2:30 p.m. in the State Executive Tower, Second Floor Conference Room. These meetings are open to the public.